

**SyteraYoga Informed Consent**

Thank you for your continued trust in our studio. As with the transmission of any communicable disease like a cold or the flu, you may be exposed to COVID-19, also known as the "Coronavirus," at any time or in any place. Be assured that SyteraYoga is making every effort to follow state and federal regulations and guidelines for personal protection and disinfection protocols to limit transmission of all diseases in our studio and will continue to do so.

Despite our careful attention to disinfection and the use of personal barriers, such as "social distancing," there is still a chance that you could be exposed to an illness in our studio or near the studio (e.g., in the parking lot for outdoor yoga), just as you might be at your gym, grocery store, or favorite restaurant.

Although exposure to the Coronavirus and other communicable diseases is unlikely, do you accept the risk and consent to participating in yoga classes today and in the future at your own risk?

**Yes** \_\_\_\_\_ **No** \_\_\_\_\_

I have read the above informed consent and fully understand its content. I am legally competent to sign and voluntarily agree to accept any risks in participating in a yoga practice at SyteraYoga.

Print name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date Signed: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**If participant is under 18:**

As Parent or Legal Guardian of \_\_\_\_\_, I consent to the above terms and conditions.

Print name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date Signed: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_